



**[SATURDAY, JULY 28, 2018 BY RED LAKE FALLS LIONS**

**REGISTRATION @ 7:15AM; RACE BEGINS @ 8:00AM**

# 5K-10K RUN/WALK

AT VOYAGEUR'S VIEW, RED LAKE FALLS

ALL PROCEEDS TO BENEFIT

MINNESOTA LIONS DIABETES FOUNDATION

## Registration Form



First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Birth date: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Email: \_\_\_\_\_

*(Circle choice of race)*

**Early Registration - Before July 18<sup>th</sup>:**

**5K - \$15.00, *No t-shirt***

**10K - \$15.00, *No t-shirt***

**5K - \$27.00, *With t-shirt***

**10K - \$27.00, *With t-shirt***

**T-Shirt Size (Adult sizes):**

S M L XL

**Gender: *Male / Female***

**Age Divisions: (circle one)**

12-under; 13-19; 20-29; 30-39;

40-49; 50-59; 60-69; 70-over

**After July 18<sup>th</sup>:**

**5K - \$20.00, *No t-shirt***

**10K - \$20.00, *No t-shirt***

No Refunds

Cash or Check

**Make payment to:**

RLF Lions Club

**Mail Registration Form To:**

Kevin Reich

15475 110<sup>th</sup> Ave SW

Red Lake Falls, MN 56750

In consideration of the acceptance of this entry, I hereby release the city of Red Lake Falls, Red Lake County, and all sponsors and co-sponsors of the race from any and all liability arising from illness or injuries I may suffer as a result of my participation in this race for which I am physically fit and trained.

Date: \_\_\_\_\_

**Signature of Participant (or if under 18 a Parent or Guardian)** \_\_\_\_\_

