



**SATURDAY, JULY 29<sup>TH</sup>**

**REGISTRATION @ 7:30AM; RACE BEGINS @ 8:30AM**

# 5K-10K RUN/WALK

AT VOYAGEUR'S VIEW, RLF



## Registration Form

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Birth date: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ Email: \_\_\_\_\_



*(Circle choice of race)*

### **Early Registration - Before July 19<sup>th</sup>:**

5K - \$15.00, *No t-shirt*

10K - \$15.00, *No t-shirt*

5K - \$25.00, *With t-shirt*

10K - \$25.00, *With t-shirt*

**T-Shirt Size (Adult sizes):**

S M L XL

**Gender:** *Male / Female*

**Age Divisions:** (circle one)

10-12; 13-19; 20-29; 30-39;

40-49; 50-59; 60-69; 70-over

### **After July 19<sup>th</sup>:**

5K - \$20.00, *No t-shirt*

10K - \$20.00, *No t-shirt*

No  
Refunds  
*(Cash or  
check)*

### **Make payment to:**

RLF Lions Club

### **Mail Registration Form To:**

Kevin Reich

15475 110<sup>th</sup> Ave SW

Red Lake Falls, MN 56750

In consideration of the acceptance of this entry, I hereby release the city of Red Lake Falls, Red Lake County, and all sponsors and co-sponsors of the race from any and all liability arising from illness or injuries I may suffer as a result of my participation in this race for which I am physically fit and trained.

**Signature of Participant (or if under 18 a Parent or Guardian)** \_\_\_\_\_

**Date** \_\_\_\_\_

